



Dear Parent/Guardian:

Your teen will be participating in an experimental Health Education course for the next six weeks. Health education at Shenendehowa is progressive throughout grades K-12 and is integrated into the multidisciplinary curricula. This approach continues and, for the very first time, is being offered as a hybrid (online/in-class) course during summer school. Classes will focus on the development of personal and social skills according to New York State's Navigate by the Stars curriculum. This course explores the concepts of health education and the major skill components necessary to maintain a long and healthy lifestyle.

It becomes more and more evident each day that personal lifestyle remains a leading threat in achieving wellness. Since wellness is largely based on lifestyle and health-related decisions reflect a person's values, you are a major contributor to your teen's health education. You are, therefore, encouraged to have open communication with your teen regarding all issues in which he/she shows interest.

Our goal is to provide strategies that reinforce and enhance skill development. Becoming efficient in all aspects of health education will improve one's present and future state of well being. Remember, healthy teens make better students and better students make healthier communities!

Attached to this letter is the provisional course information sheet for this class. Please feel free to contact me if you wish to discuss your teen's health education.

Thank you for your cooperation. I look forward to working with you and your teen during the summer.

Sincerely,

Mrs. Nicole Holehan
Health Education Teacher

Shenendehowa High School
Hybrid Health Education Course Matrix

SKILLS

FUNCTIONAL KNOWLEDGE

Self Management (Application of other skills)	All Functional Knowledge
Planning & Goal Setting	Physical Activity & Nutrition
Communication & Relationship Management	Violence Prevention Family Life
Stress Management	Unintentional Injury Alcohol, Tobacco & Other Drugs
Decision Making	Sexual Risk HIV/AIDS Sexual Health
Advocacy	Other Required Health Areas

Materials Required (YOU supply):

Computer with internet access and a printer (attending mandatory classroom sessions and indicating that there wasn't access to ink/printer is not a valid excuse for not having assignments completed. Students are responsible for having ALL supplies. If for some reason, a student has computer, printer or ink problems, he/she may utilize the computer in the Shen HSE library during summer school hours).

Microsoft Office 2007

Windows Movie Maker or Photo Story

Poster Board

Thumb drive (or a blank DVD)

Grading

Grades are computed using a point system. Students earn points for both in class assessments and assignments completed through Blackboard. Points earned will be reduced 10% for every day that an assignment is turned in late. Once an assignment is 5 days late, only 50% credit will be granted if the assignment is turned in **before** August 10, 2010. Assessments and forum postings are **NOT** granted late credit and will earn a zero if they are not prepared on time.

Grade percentages will be split up as follows:

Participation/Attendance is 20% of final grade.

Assignments & Assessments are 60% of final grade.

Final Exam is 20% of final grade.

Students must pass Health Education at the High School level in order to graduate. Parents are encouraged to check their child's grades throughout the summer on the parent portal.

Academic Honesty & Integrity

This is a big one! Students are expected to complete all assignments "on their own" (unless otherwise directed). "On their own" means that work being completed and handed in was completed by them. It **does not** mean they cannot ask peers for help, use the internet, databases, and/or printed resources. Students are highly encouraged to use as many resources as possible, as long as **all** resources are properly documented and cited (as directed in class). Students who do not demonstrate academic honesty & integrity will be subject to disciplinary action.

Extra Help

Due to this course being a hybrid course, I am available by appointment only.

Course Objectives: Through readings, class exercises, guest speakers, discussion forums, journaling, projects, and assignments, students will:

1. Master seven developmental personal and social skills, which will enable them to enhance personal, family, and community health and safety;
2. Illustrate the comprehension of specific research-based health knowledge from nine essential content areas that will achieve the NYS and National Standards;

3. Design and present authentic assessments to demonstrate the comprehension of a given skill paired with specific research-based health knowledge.

Course Requirements:

1. Must be able to attend class on campus on mandatory dates (see below)
2. Class Participation – individual, small and large group work
3. Working knowledge of Blackboard
4. Preparation for class topics – taking charge of your *own* learning
5. Completion of all class assignments, reading assignments & discussion forum responses by due dates
6. All assignments submitted through Blackboard or emailed as an attachment should have a file name with your last name included, e.g., “Holehan Advocacy.doc” or “advocacy holehan.doc” Assignments will be returned if no name has been attached, and it will be considered a late submission (even if submitted early).
7. Writing skills are assessed along with content. If your writing skills are in need of improvement, secure assistance prior to writing your assignments. Your assignment will be returned if poorly constructed. Since assignments are primarily turned in through Blackboard, communicating appropriately and clearly with all target audiences is a must.

Mandatory Dates (Room #'s TBD)

July 12-Computer Lab

July 15-Room 117/118

July 29-Room 117/118

August 3: 8 am- 10:10 am Guest Speaker (Room # 117/118)

August 5-Room 117/118

August 12-Room 117/118

August 17-Final Exam TBD

*** All students are required to take the final examination on 8/17. If a student misses one of the mandatory dates, student will receive a 0 for that daily assessment. Make-ups for extenuating circumstance (serious illness, death in family) may be made up, by appointment only, and at the discretion of the teacher. **A vacation IS NOT an extenuating circumstance.** ***

Home/School Communication

1. Interim – sent home in the middle of summer school.
2. Report card – distributed at the end of summer school.
3. Parents may contact me through e-mail only. If a phone call is warranted, please email me a valid number where you can be reached and I will respond to you as soon as possible.

E-mail: holenico@shenet.org